FAITH CHILD CARE AND NURSERY SCHOOL
Menu
December 8 – December 12

	BREAKFAST		LUNCH		SNACK	
	Infants	1 year and up	Infants	1 year and up	Infants	1 year and up
Monday	*IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	Multigrain Cheerios cereal, mixed fruit, milk	*IF formula/breast milk, non-fat yogurt, green beans	Beef & noodles, WGR roll, mixed vegetables, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Animal crackers, milk
Tuesday	*IF formula/breast milk, WGR IF infant rice cereal, bananas	Cinnamon bread, peaches, milk	*IF formula/breast milk, turkey, pears	Grilled cheese, WGR wheat bread, roasted vegetables, apple, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Soft pretzel, 100% orange juice
Wednesday	*IF formula/breast milk, WGR IF infant wheat cereal, apples	Chex cereal, pineapple, milk	*IF formula/breast milk, scrambled egg, carrots	Roasted chicken, stuffing, squash, applesauce, milk	*IF formula/breast milk, WGR IF infant rice cereal, peaches	Pita chips, cream cheese dip
Thursday	*IF formula/breast milk, WGR IF infant oatmeal cereal, prunes	Croissant, applesauce, milk	*IF formula/breast milk, LF cheese, peas	Fish sticks, cauliflower, roll, apple, milk	*IF formula/breast milk, WGR IF infant wheat cereal, bananas	Wheat cracker, yogurt
Friday	*IF formula/breast milk, WGR IF infant rice cereal, pears	Corn Flakes cereal, mandarin oranges, milk	*IF formula/breast milk, white beans, corn	Turkey hash, WGR roll, cabbage, orange slices, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, green beans	Muffin, milk

Week 5 - Infants under 12 months are served *Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified   LF=Low Fat   WGR = Whole Grain Rich   Seasonal fresh fruits and vegetables may be substituted when available.