



FAITH CHILD CARE AND NURSERY SCHOOL
Menu
December 29 – January 2



	BREAKFAST		LUNCH		SNACK	
	Infants	1 year and up	Infants	1 year and up	Infants	1 year and up
Monday	*IF formula/breast milk, WGR IF infant oatmeal cereal, peach	Kix cereal, mixed fruit, milk	*IF formula/breast milk, yogurt, green beans	Macaroni & cheese, peas, roll, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Goldfish crackers, milk
Tuesday	*IF formula/breast milk, WGR IF infant rice cereal, bananas	WGR bagel, mandarin oranges, milk	*IF formula/breast milk, turkey, pears	Taco beef, flour tortilla, Mexican rice, corn, apple, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Yogurt whip, pretzel sticks
Wednesday	*IF formula/breast milk, WGR IF infant oatmeal cereal, apples	Cheerios cereal, applesauce, milk	*IF formula/breast milk, cheese, carrots	Chicken sausage, hot dog bun, sweet potato fries, pear, milk	*IF formula/breast milk, WGR IF infant rice cereal, peaches	Ritz crackers, string cheese
Thursday	CLOSED FOR NEW YEAR'S DAY					
Friday	*IF formula/breast milk, WGR IF infant oatmeal cereal, pears	Life cereal, pears, milk	*IF formula/breast milk, scrambled egg, corn	Chicken stew, biscuit, mixed vegetables, applesauce, milk	*IF formula/breast milk, WGR IF infant rice cereal, green beans	Trail mix, milk

Week 3 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk. All snacks that don't list a drink are served with water.

Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified LF=Low Fat WGR = Whole Grain Rich Seasonal fresh fruits and vegetables may be substituted when available.