



FAITH CHILD CARE AND NURSERY SCHOOL

Menu

December 1 – December 5



	BREAKFAST		LUNCH		SNACK	
	Infants	1 year and up	Infants	1 year and up	Infants	1 year and up
Monday	*IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	Kix cereal, mandarin oranges, milk	*IF formula/breast milk, non-fat yogurt, green beans	Chicken parmesan, WGR bread stick, tomato cucumber salad, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Trail mix, milk
Tuesday	*IF formula/breast milk, WGR IF infant rice cereal, bananas	WGR bagel, mixed fruit cup, milk	*IF formula/breast milk, LF cheese, pears	Hamburger, hamburger bun, roasted potatoes, apple, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Cheez-its crackers, 100% white grape juice
Wednesday	*IF formula/breast milk, WGR IF infant wheat cereal, apple	Cheerios cereal, peaches, milk	*IF formula/breast milk, turkey, carrots	Sausage cheese pizza, broccoli, applesauce, milk	*IF formula/breast milk, WGR IF infant rice cereal, peaches	Soft pretzel, cheese stick
Thursday	*IF formula/breast milk, WGR IF infant Oat cereal, prunes	Croissant, pears, milk	*IF formula/breast milk, scrambled egg, peas	Pancake, vanilla yogurt, hashbrown patty, pear, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, apples, milk	Turkey, WGR pita
Friday	*IF formula/breast milk, WGR IF infant rice cereal, pears	Life cereal, mandarin oranges, milk	*IF formula/breast milk, white beans, corn	Ham, corn casserole, roll, orange slices, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, green beans	Animal crackers, milk

Week 4 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified LF=Low Fat WGR = Whole Grain Rich Seasonal fresh fruits and vegetables may be substituted when available.