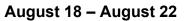


FAITH CHILD CARE AND NURSERY SCHOOL

Menu





| | BREAKFAST | | LUNCH | | SNACK | |
|-----------|---|---|--|---|--|------------------------------------|
| | Infants | 1 year and up | Infants | 1 year and up | Infants | 1 year and up |
| Monday | *IF formula/breast milk, WGR IF infant oatmeal cereal, peaches | Multigrain Cheerios, applesauce, milk | *IF formula/breast milk, LF cheese, green beans | Beef hot dog, hot dog bun, French fries, banana, milk | *IF formula/breast milk, WGR IF infant rice cereal, pears | Trail mix, milk |
| Tuesday | *IF formula/breast milk, WGR IF infant rice cereal, bananas | Fruit muffin, peaches, milk | *IF formula/breast milk, turkey, pears | Chicken and rice, WGR roll, corn, apple, milk | *IF formula/breast milk, WGR IF infant oatmeal cereal, peas | Club crackers, yogurt |
| Wednesday | *IF formula/breast milk, WGR IF infant oatmeal cereal, apples | Kix cereal, mandarin oranges, milk | *IF formula/breast milk, yogurt, carrots | Chicken parmesan pasta, tossed salad, plum, milk | *IF formula/breast milk, WGR IF infant rice cereal, peaches | Pretzels, cheese cubes |
| Thursday | *IF formula/breast milk, WGR IF infant rice cereal, prunes | WGR bagel, pears, milk | *IF formula/breast milk, scrambled egg, squash | Ham & cheese, bun, mashed potatoes, applesauce, milk | *IF formula/breast milk, WGR IF infant oatmeal cereal, bananas | Ritz crackers, 100% apple juice |
| Friday | *IF formula/breast milk, WRG IF infant oatmeal cereal, pears | Life cereal, mixed fruit, milk | *IF formula/breast milk, LF white beans, sweet potatoes | Cheese pizza, tomato & cucumber salad, pear, milk | *IF formula/breast milk, WGR IF infant rice cereal, green beans | Animal crackers, milk |

Week 1 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk. All Snacks that don't list a drink are served with water.

Gerber foods are served to children 6 mo. -1^{st} B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified LF=Low Fat WGR = Whole Grain Rich Seasonal fresh fruits and vegetables may be substituted when available.