



FAITH CHILD CARE AND NURSERY SCHOOL

Menu
May 19 – May 23



	BREAKFAST		LUNCH		SNACK	
	Infants	1 year and up	Infants	1 year and up	Infants	1 year and up
Monday	*IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	Life cereal, pineapple, milk	*IF formula/breast milk, non-fat yogurt, green beans	Beef & Rice, WGR bread, corn, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Club crackers, 100% apple juice
Tuesday	*IF formula/breast milk, WGR IF infant rice cereal, bananas	WGR wheat bagel, peaches, milk	*IF formula/breast milk, LF cheese, pears	BBQ chicken, corn bread, green beans, orange slices, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Trail mix, milk
Wednesday	*IF formula/breast milk, WGR IF infant wheat cereal, apple	Cheerios cereal, fruit cocktail, milk	*IF formula/breast milk, turkey, carrots	Pasta w/ meat sauce, tossed salad, apple, milk	*IF formula/breast milk, WGR IF infant rice cereal, peaches	Pretzel sticks, strawberries w/ cream
Thursday	*IF formula/breast milk, WGR IF infant Oat cereal, prunes	Biscuit, jam pears, milk	*IF formula/breast milk, scrambled egg, peas	Double cheese pizza, tomato & cucumber salad, pear, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, apples, milk	Turkey, WGR pita, water
Friday	*IF formula/breast milk, WGR IF infant rice cereal, pears	Chex cereal, mandarin oranges, milk	*IF formula/breast milk, white beans, corn	Ham & cheese, Hawaiian roll, roasted cauliflower, applesauce, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, green beans	Cheez-its crackers, milk

Week 4 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified LF=Low Fat WGR = Whole Grain Rich Seasonal fresh fruits and vegetables may be substituted when available.