# FAITH CHILD CARE AND NURSERY SCHOOL
## Menu
## May 12 – May 16

| | BREAKFAST | | LUNCH | | SNACK | |
|---|---|---|---|---|---|---|
| | **Infants** | **1 year and up** | **Infants** | **1 year and up** | **Infants** | **1 year and up** |
| **Monday** | *IF formula/breast milk, WGR IF infant oatmeal cereal, peaches | Life cereal, mixed fruit, milk | *IF formula/breast milk, white beans, green beans | Goulash, tossed salad, WGR breadstick, banana, milk | *IF formula/breast milk, WGR IF infant rice cereal, pears | Graham crackers, milk |
| **Tuesday** | *IF formula/breast milk, WGR IF infant rice cereal, bananas | Fruit muffin, oranges, milk | *IF formula/breast milk, turkey, pears | Chicken pan roast, mixed vegetables, WGR bread, apple, milk | *IF formula/breast milk, WGR IF infant oatmeal cereal, peas | Yogurt whip, pretzel sticks, water |
| **Wednesday** | *IF formula/breast milk, WGR IF infant wheat cereal, apples | Kix cereal, applesauce, milk | *IF formula/breast milk, non-fat cheese, carrots | Turkey, flour tortilla wrap, sweet potatoes, applesauce, milk | *IF formula/breast milk, WGR IF infant rice cereal, peaches | Trail mix, 100% white grape juice |
| **Thursday** | *IF formula/breast milk, WGR IF infant oatmeal cereal, prunes | Mini croissant, pineapple, milk | *IF formula/breast milk, hard-boiled egg, peas | Meatballs, roasted zucchini parmesan, WGR roll, orange, milk | *IF formula/breast milk, WGR IF infant wheat cereal, bananas | Goldfish crackers, milk |
| **Friday** | *IF formula/breast milk, WGR IF infant rice cereal, pears | Cheerios cereal, pears, milk | *IF formula/breast milk, scrambled egg, corn | Waffle, low-fat yogurt, hash brown patty, pear, milk | *IF formula/breast milk, WGR IF infant oatmeal cereal, green beans | Club crackers, string cheese |

Week 3 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified      LF=Low Fat      WGR = Whole Grain Rich      Seasonal fresh fruits and vegetables may be substituted when available.