



FAITH CHILD CARE AND NURSERY SCHOOL

Menu

April 14 – April 18



	BREAKFAST		LUNCH		SNACK	
	Infants	1 year and up	Infants	1 year and up	Infants	1 year and up
Monday	*IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	Life cereal, pineapple, milk	*IF formula/breast milk, non-fat yogurt, green beans	Beef & Rice, WGR bread, corn, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Club crackers, apple juice
Tuesday	*IF formula/breast milk, WGR IF infant rice cereal, bananas	WGR wheat Bagel, mixed fruit cup, milk	*IF formula/breast milk, LF cheese, pears	BBQ chicken, corn bread, green beans, orange slices, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Trail mix, milk
Wednesday	*IF formula/breast milk, WGR IF infant wheat cereal, apple	Cheerios cereal, peaches, milk	*IF formula/breast milk, turkey, carrots	Hamburger, hamburger bun, French fries, apple, milk	*IF formula/breast milk, WGR IF infant rice cereal, peaches	Soft pretzel, cheese stick
Thursday	*IF formula/breast milk, WGR IF infant Oat cereal, prunes	Biscuit, jam pears, milk	*IF formula/breast milk, scrambled egg, peas	Double cheese pizza, tomato & cucumber salad, pear, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, apples, milk	Turkey, WGR pita, water
Friday	CLOSED FOR GOOD FRIDAY					

Week 4 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified LF=Low Fat WGR = Whole Grain Rich Seasonal fresh fruits and vegetables may be substituted when available.