



**FAITH CHILD CARE AND NURSERY SCHOOL**  
**Menu**  
**December 30 – January 3**



	<b>BREAKFAST</b>		<b>LUNCH</b>		<b>SNACK</b>	
	<b>Infants</b>	<b>1 year and up</b>	<b>Infants</b>	<b>1 year and up</b>	<b>Infants</b>	<b>1 year and up</b>
<b>Monday</b>	*IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	Life cereal, pineapple, milk	*IF formula/breast milk, yogurt, green beans	Beef & Rice, WGR bread, corn, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Trail mix, milk
<b>Tuesday</b>	*IF formula/breast milk, WGR IF infant rice cereal, bananas	WGR wheat Bagel, mixed fruit cup, milk	*IF formula/breast milk, cheese, pears	BBQ chicken, corn bread, green beans, orange slices, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Club crackers, 100% orange juice
<b>Wednesday</b>	<b>WE ARE CLOSED IN CELEBRATION OF NEW YEAR'S DAY</b>					
<b>Thursday</b>	*IF formula/breast milk, WGR IF infant Oat cereal, prunes	Chex cereal, pears, milk	*IF formula/breast milk, scrambled egg, peas	Double cheese pizza, tomato & cucumber salad, pear, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, apples, milk	Turkey, WGR pita, water
<b>Friday</b>	*IF formula/breast milk, WGR IF infant rice cereal, pears	Biscuit, Jam, mandarin oranges, milk	*IF formula/breast milk, white beans, corn	Ham & cheese, Hawaiian roll, roasted cauliflower, applesauce, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, green beans	Cheez-its crackers, milk

Week 4 - Infants under 12 months are served \* Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1<sup>st</sup> B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified      LF=Low Fat      WGR = Whole Grain Rich      Seasonal fresh fruits and vegetables may be substituted when available.