



FAITH CHILD CARE AND NURSERY SCHOOL
Menu
December 23 – December 27



	BREAKFAST		LUNCH		SNACK	
	Infants	1 year and up	Infants	1 year and up	Infants	1 year and up
Monday	*IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	Life cereal, mixed fruit, milk	*IF formula/breast milk, white beans, green beans	Goulash, WGR breadstick, tossed salad, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Graham crackers, milk
Tuesday	CLOSED FOR THE CHRISTMAS HOLIDAY					
Wednesday						
Thursday	*IF formula/breast milk, WGR IF infant oatmeal cereal, prunes	Opening at 9am, no breakfast served.	*IF formula/breast milk, scrambled egg, peas	Meatballs, WGR roll, roasted zucchini parmesan, orange, milk	*IF formula/breast milk, WGR IF infant wheat cereal, bananas	Club crackers, string cheese, water
Friday	*IF formula/breast milk, WGR IF infant rice cereal, pears	Mini croissant, peaches, milk	*IF formula/breast milk, yogurt, corn	Waffle, low-fat yogurt, hash brown patty, pear, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, green beans	Goldfish crackers, milk

Week 3 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.

Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.

IF=Iron-fortified LF=Low Fat WGR = Whole Grain Rich Seasonal fresh fruits and vegetables may be substituted when available.