FAITH CHILD CARE AND NURSERY SCHOOL
Menu
October 21 – October 25

	BREAKFAST		LUNCH		SNACK	
	Infants	**1 year and up**	**Infants**	**1 year and up**	**Infants**	**1 year and up**
Monday	*IF formula/breast milk, WGR IF infant oatmeal cereal, peaches	Cheerios, mixed fruit, milk	*IF formula/breast milk, turkey, green beans	Chicken salad, croissant, roasted vegetables, banana, milk	*IF formula/breast milk, WGR IF infant rice cereal, pears	Cheez-its, 100% white grape juice
Tuesday	*IF formula/breast milk, WGR IF infant rice cereal, bananas	Cinnamon swirl bread, peaches, milk	*IF formula/breast milk, yogurt, pears	Meatballs, WGR bread stick, tossed salad, apple, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, peas	Wheat Thins crackers, yogurt, water
Wednesday	*IF formula/breast milk, WGR IF infant oatmeal cereal apples	Corn flakes, applesauce, milk	*IF formula/breast milk, scrambled egg, carrots	Ham, WGR wheat bread, roasted potatoes, applesauce, milk	*IF formula/breast milk, WGR IF infant rice cereal, peaches	Pretzels, milk
Thursday	*IF formula/breast milk, WGR IF infant rice cereal, prunes	Bagel & butter, mandarin oranges, milk	*IF formula/breast milk, white beans, squash	Chicken strips, WGR roll, green beans, plum, milk	*IF formula/breast milk, WGR IF infant oatmeal cereal, bananas	Ritz crackers, cheese cubes, water
Friday	*IF formula/breast milk, WGR IF infant oatmeal cereal, pears	Corn Chex cereal, pears, milk	*IF formula/breast milk, LF cheese, sweet potatoes	Waffle, sausage links, hash brown patty, orange, milk	*IF formula/breast milk, WGR IF infant rice cereal, green beans	Goldfish crackers, milk

Week 2 - Infants under 12 months are served * Enfamil Neuro Pro iron-fortified formula/breast milk, children 1 - 2 are served whole milk, children over 2 are served 1% milk.
Gerber foods are served to children 6 mo. – 1st B-Day. Food is served pureed or mashed depending upon age/stage of individual child.
IF=Iron-fortified   LF=Low Fat   WGR = Whole Grain Rich   Seasonal fresh fruits and vegetables may be substituted when available.